

# STRENGTHEN

## MINUTE PRAYERS TO STRENGTHEN MY INNER MAN

**S** – Lord, give me STRENGTH on my insides.

“that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man” [Ephesians 3:16]

**T** – Lord, TEACH me Your ways and Your Word.

“But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.” [John 14:26]

**R** – Give to me a REPENTANT heart. Bring awareness of the communion with You that comes from my repentance.

“The sacrifices of God *are* a broken spirit, a broken and a contrite heart— These, O God, You will not despise.” [Psalm 51:17]

**E** – Infuse me with Your ENDURANCE and perseverance.

“And not only *that*, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope.” [Romans 5:3-4]

**N** – Let me see my minute-by-minute NEED to abide in Your love. Let me know Your abiding love.

“As the Father loved Me, I also have loved you; abide in My love.” [John 15:9]

**T** – Help me make You my TRUST.

“Blessed *is* that man who makes the LORD his trust.” [Psalm 40:4]

**H** – Grow me in HUMILITY.

“Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke *is* easy and My burden is light.” [Matthew 11:29-30]

**E** – ENLARGE my heart to receive You, all throughout this day.

“I will run the course of Your commandments, For You shall enlarge my heart.” [Psalm 119:32]

**N** – Help me to fear Your NAME, not defend or lift up my own. Help me to live for Your name and not under the fear of man.

“Unite my heart to fear Your name.” [Psalm 86:11]

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